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# **Integral Education**

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# **Aim of Student**

The aim of a student is to get integral education. This is the aim of every person. With this integral education, one gets all-round development, clear indication of the goal, even acquires the way of getting it. Then people go in the right direction towards their aim, understand the importance of time and make good use of the time. Un-defined aim leads to disharmony, uncertainty and unstable life. Like a boat without helm, he collides here and there in a stormy wind and lives an unhappy, frustrated and confused life. In spite of having a god graced body with infinite possibilities, he does not understand its importance and ruins it in vain.

A student's life is flexible like a soft trunk of a plant. The way it is twisted, easily it twists in that way. The student's life is like a fertile land. The way it is cultured, the whole life grows in that way. Country's future lies in the hands of the students. In future, the students will be house-husbands, businessman, employees, teachers and rulers. The rise and fall of a country will depend upon the qualification and principle of students. Out of all possible ways for developing the society, the most important of all is the education. Besides any other people, most responsibilities for a developing society lie on the students. By providing the integral education to students and bringing their life in the right way will definitely develop the country and race. For this reason, an integral education is provided to the students in this Ashram.

#### **Reason for the Downfall of the Society**

From the Vedic period till today, few great people have been constantly trying for the progress of the society, country and the world but until now no one have got success. What is the secret or where is the key of the real progress of life and society? Nobody has found it nor had the time come. Therefore, all of their hard work has gone in vain. The world is still going with the same agony, ambiguity and unhappiness as going before.

The establishment of happiness, peace and harmony in this world all depends upon the completeness of man. When a man becomes complete, automatically with the effect of his principles, others can be complete and can follow him. When an incomplete man preaches for the completeness to others, the results can be seen in front of our eyes today. The sole reason for this failure is the lack of integral education.

Mental, vital, physical, psychic – The combination of these four beings makes a lively human being. Though there are infinite energies lie within these four beings. The development of all these beings in most parts depends upon education. If education is not provided equally to all these beings or if one or two of these beings are developed and others remain undeveloped, then the life becomes handicapped and disharmonised. This handicapped and disharmonised man can not by himself happy, then how can he get happiness to the society? Like a healthy man with need of eyes, any other person with powerful eyesight and other knowledge with need of legs. The body and work of this handicapped person is incomplete. A blind person can not by himself walk without doubt, he can not show path to others. A man without legs can neither help others nor can he by himself do any required work.

Since the beginning of the Vedic period till today, man is obtaining only partial education. Therefore the life is incomplete and the world is sorrowful. Out of the four beings within the human being, some do exercises etc and increases the physical power, some do beauty related work, and some do drawing, dancing, singing music etc and developing their arts. Some through education and other habits increases the mental ability and with the help of this mental knowledge and inspiration of the vital being, do wonderful works and discover miraculous things. After seeing the discovery of these miraculous things, man has forced to keep their heads down in front of science. But along with this material development, there is also an increase in fear, violence, hatred, disharmony, dilemma and selfishness in the human life. The things that were subsequently discovered to get happiness in human life are in fact becoming the cause of unhappiness and destruction. The countries where science has significantly advanced and where more new things have been discovered are in reality the

countries with people being more unhappy, confused and scared. Reason for this is that along with the development of physical, vital and mental, there is no development of physic being. The Ayurvedic doctors say inconsistent air and acid leads to disease. Doctor's opinion is also the same. This is also needed for the complete development of a human being. The result of this disharmonized life is like what happens by the strike of a sword by a blind, healthy man. He can not see who is friend and who is enemy. He hits the person in front of him without knowing whether he is a friend or an enemy. Nowadays it is happening exactly like that. Due to the fulfilment of his own desire by his discovered things, an intelligent man with undeveloped soul is in dissatisfaction and fear. Because of the development of mental, vital and physical beings without the development of psychic being and because of the lack of psychic education, man can not get happiness in life and happiness, peace and non violence can not be established in this world. All methods for this work have failed. Sri Aurobindo with his divine foresight has seen that now the time has come. The psychic by developing will control the mental and vital being and will adorn man with his own divine quality like peace, satisfaction, happiness, truth, non violence and love. Then peace, happiness, truth and non violence will be established in this world. The world will be full of happiness. Therefore, as an ideal before this world, the integral education is arranged in his ashram school. Every student can follow it.

### **Consequence of Conventional Education**

In the present society, basically the emphasis is laid upon mental and vital education. The physical education exists in very small amount. The psychic education is completely zero. With the help of vital energy, man gets the inspiration for work, gets involved in work and does the work with the help of mind and intelligence. The mental intelligence is limited, full of selfishness and

deprived of real knowledge. He has an unclear eyesight, unsure path and diverted aim. His life-journey is like a boat without helm.

The psychic knowledge is full of light; it is the image of peace, harmony and happiness, it is the real leader and driver of life. Because the psychic is full of light and knowledge, it has all the tricks to get inner peace, satisfaction, happiness and energy and it also knows all the pathways of life-journey. Due to the lack of psychic development, mind takes the leadership and rules the life. After getting success in different types of physical work, to satisfy vital selfishness and ego, he runs after money, fame, prestige, importance, mastery and power. Because of the unknown aim and unclear vision, he falls down in a hole by loosing his pathways, sometimes suffers from breaking down his knees and legs while stumbling somewhere. The sole aim of life which is to get happiness, peace and Ananda; without psychic development, he by mistake searches those happiness in fulfilling the vital desires, fame, prestige, power and position. Since these are temporary, man gets disappointment like a mirage. The real happiness and peace lies in the psychic. This can not be achieved permanently without psychic development. Due to the lack of this complete development; man has not achieved completeness in life starting from the vedic period till today. Harmony and non-violence is not established in the world. Knowingly or unknowingly aim of every person is eternal happiness, peace, satisfaction, welfare of society, development of country, establishment of brotherhood relationship. His aim is to have love and friendship between countries and races. Everybody wants this in real or unreal way. The leaders give advices and unknowingly the human race moves in that direction.

Everybody knows and says that violence, hatred, jealous, bribe and injustice etc are all bad qualities- these should be rejected. In spite of knowing and saying all these, these bad qualities are increasing today in this world. All ways to abolish these things have failed. These injustices are ruling this world. The reason for this is the lack of the psychic education.

The inner-power is stronger than the external-power. The more he goes from outward to inward, the more his power will unfold. Science has proved that by discovering the atomic bomb. Telling lies, stealing, bribing, doing bad to others, anger, beating others etc are all outward work. Man wants to abandon this, knows them as injustice, but by the inspiration of injustice, resistance, violence, hatred, desire, anger, he forcible enters into all these without his own will. In Gita, Arjuna has asked the same questions to Sri Krishna. Sri Krishna said "Man controlled by royal attributes like desire and anger, involves in the injustice work without having interest. These bad qualities can not be removed by the human intelligence. If at all

it would have been possible, then all the care that has been taken from the medieval period till today would have been accomplished. Today we would have lived in a world filled with Ananda and not in this unhappy and confused world. The psychic is more invisible than the bad qualities like jealous and hatred. These we can understand by the mental intelligence but psychic is experienced only by making the mental intelligence inward. Only by the psychic energy that all the above mentioned bad qualities are removed and the permanent good qualities like non-violence, peace, satisfaction, happiness, brotherhood and love are established in this life. When the psychic is awake, it guides the mental and vital in the right direction and the life becomes harmonious. The world similar to the life is built. The life becomes complete when all four beings - mental, vital, physical and psychic beings are developed. In the past, to develop the soul, few people have sacrificed the social work and lived in the Psychic Ananda. Others have worked for the progress of mental and vital being and forgot the soul. Both type of people had an incomplete life. Therefore, the world has declined. The development of the world lies in the progress of all four beings.

#### **Characteristics of Conventional Education**

Due to the lack of psychic education, students along with education give shelter to selfishness and violence. First he starts to cheat himself and then others. The education on which the development of life depends upon, he studies only that much what is necessary to pass the exam. From the beginning, he forgets the aim of integral life and brings self fulfilment at that place. After passing the exam, he wants to be a big officer and get respect by getting honour and reward, get power by being a politician or to income lots of money by doing business and enjoy happiness in the life. In his higher aim, directly or indirectly lies his selfishness. When, those people after growing up work for the country, they become officers or employee sand bribe with the help of injustice and dishonesty. When they become teachers, they finish their school like an uninteresting job and then do tuition or other jobs. When they become businessmen, they do the black marketing. When they become politicians, there is no need to say anything. All their faults are forgiven. For their own benefit, whatever they say today as injustice, will say as justice for their own benefit at other times and will alter the meaning of the word. Due to this type of education, right from the beginning of student's life till the end, whatever they say are all big idealistic words, but the results in their work are completely opposite. Today, this is the situation in front of everybody. Some other persons who really wanted to develop the country, tried for it, but their trials have failed. This is because there are faults in the base of their trials. They have tried to establish peace, harmony, brotherhood and to develop the life and the world only with the help of mental, vital, work and intelligence. Mental intelligence and moral mind are unable to lead the vital in the right path by ruling and controlling it. Only psychic can do this. He after being developed, with his own knowledge, light, truth and peace shines the mind and the vital. By removing all the bad qualities from them, he decorates them with his own good qualities and builds the life with full of delight and ultimate Ananda.

## **Present Situation**

According to the progress of evolution, first stage was the age of physical strength of animals. Then during the vital dominated age, people with the help of their mental intelligence and by applying vital powers and physical power controlled and ruled others. In the present mental age, man with help of science wants to fulfill his great desires and applies all his intelligence to control others. He is not getting success in it. The age of physical power and vital power has ended earlier. Now the mental age has reached its final stage. After showing all the talents that he had, now he is in the middle of the river without finding the shores. He had created such deadly weapon that he himself finds no way to live. Intelligence is like a disguised and cunning saint. The intelligent persons will talk to establish peace and will bring proposal for disarmament but secretly will be making weapons and will be trying to control others by being powerful.

All men are different, personalities are different but intelligence is unlimited. Like our own intelligence is guileful, others intelligence is also guileful. How can trust come in pretention? The establishment of peace in this world is out of reach of the intelligence. The world is going in the path of progress and will continue to go.

The state in which the intelligence has reached, it can not correctly solve the problems of this world and it has no capability to move forward. With this the mental age is finished. Now with the process of evolution, the psychic age will come.

## **Need for the Psychic-development**

The Psychic itself is honest, Ananda, peaceful, knowledgeable, no feeling of friendship and enmity, beyond violence and selfishness, present everywhere. When the mental and vital is controlled by psychic, then there will be no pretention and distrust. That means with the development of psychic, the pretention and distrust will automatically be removed. This will happen everywhere. When pretention and distrust is removed or reduced from oneself automatically pretention and distrust in others will be removed or reduced. Then people will believe each-other; the real happiness and peace will be established in world and life. Now it is the transition time between the old mental age and the new psychic age. The more man consciously ready to accept the psychic truth, the more quickly sufferings and confusions will be removed and peace will be established. The earth will start to become heaven. During this time of change of ages, students have great opportunities to take part in the work of arrival of the new age. For this the education system needs to be changed. Because the surroundings situation has become so, that the as soon as the student enters the school, his consciousness is filled with selfishness and motive for managing the livelihood. He is forgetting his own complete development by integral education. Although the education needs to be changed for this, but now it is not possible to hope much from the education administrator regarding this. Their attitude is very rigid now. Their basis has become so complete that there is no entry for this new truth. There are more possibilities of this are there in the student's life. If he wants to copy this new truth in his life, then his basis can be wider. He will make integral progress by accepting this new truth. When he will work in the society, then the education system and other organizations can be changed by him.

### **Methods of Ideal Education**

Now, the student who will be ready to accept the integral education, they will be confronted with two problems. One is the surrounding situation and the other is the acceptance of ideals of integral education by being in the old limited selfish environment. Difficulties always come when new truths are accepted, but at the end, these difficulties change into help and blessings. But at first, there is need of hard work.

To remove this problem, education with new perspective has been arranged in the ashram and presented in front of the students. It is said before that each activity in the ashram puts a new principles in front of man, in which he can stay in the society and can achieve his only aim in life to get divine in each activity. Visibly, he does not need to reject any work, only by changing the aim and attitude of work, the work which was the cause of sorrow and confusion will be converted into peaceful Ananda. Similarly, the students only need to change their attitude to accept this ideal education. One important part of the ideal works of ashram is the education. Here, students are neither awarded with a degree nor given a certificate. Students do not have the selfish goal like to manage the livelihood after passing the exam and to look after the family. Still they get this contextually because the student is provided with the overall education from an early age. Students get the qualification. A qualified person can do any work with competence in this world. There is no pressure on the students to pass the exam because that is not the aim of education. With this, he can get qualification. In the ashram, there is provision for physical, vital, mental and psychic education. The surrounding has been prepared. This environment compels students to take up integral education, he himself gets motivated. Because of the favorable environment, students psychic awake himself. With the awakening of psychic being, it rules over the vital and mental, advices the true and real path to the students. By getting the education without the psychic development, the knowledge becomes active but not pure. When the impure knowledge is active, it does extraordinary work with the help of vital being; By getting the opportunity from these successful work, the selfishness, desires and wants of the impure vital destroys the human intelligence and takes him in wrong path. Due to this, even if there is an extraordinary development of the intelligence, there exists the devastating dance of injustice, riots and selfishness in the world. The psychic purifies the vital and knowledge. The psychic manages them in the true right path. The life and world is improved only with the psychic development. When the psychic is developed, the vital power increases, the knowledge becomes more active and there is no confusion in the decision. Whatever time man takes to do a work with mental and vital, he takes less time and does with more perfection with the help of psychic. With the psychic development, the life becomes delightful, the world becomes heaven and there is more progress in the worldly work. If you think from all aspects, the completeness in life, peace and delight in the world, all depends on the psychic development. For this reason, integral education is provided in the ashram for the development of mental, vital, physical and psychic.

## **Methods of the Psychic-development**

The students need to pass by studying according to the situation. But the aim will be integral development. The psychic is the leader if the physical body in the integral development. Although the psychic is present everywhere, still it lives only in the deep within the heart and in the invisible body. It will unite all the consciousness from the deep within the heart and will do every work for the psychic and will surrender to the psychic. It will not take much time for this work, there is no need to leave any work and accept something new. Only, it is required to bring the psychic feeling in every work. That means that every work has to be done for the realization of the psychic with the surrender to the psychic.

With the real acceptance of this aim, he will get the psychic realization and subsequently he will spontaneously keep himself away from all injustice and falsehood. With this aim, life becomes well controlled and well disciplined. With the attainment of this life, life of man becomes happy, peaceful and delightful. Even if there is development of more working power, he does not become arrogant and uncontrolled. Due to the lack of selfishness and ego, he can do the real welfare of the country. Now, this is the need of the new world. The person who accepts these principles will be the pioneer of the new age.

Since Sri Aurobindo has made the supramental power to descend to the earth, it has become easy for the students to accept these new principles. It could be understood from other published writings about the 'supramental descent'.

It is said before that the life of student is flexible and developing. During the student life, neglecting the personnel development is a big mistake. The small mistake in the student life can not be rectified in the old age even with greater effort. Due to this reason, the students should not debate on the topic 'soul is true or false', rather to accept the principles for the development in life. This truth can be understood while working. If this is true, then it will be the subject of supreme happiness, if this false, then there will be no loss, there will be a disciplined and peaceful life.

- 1. Each student should go to sleep on prescribed time, before going to sleep, he should unite all the consciousness from deep within the heart and pray "O Thy soul, in my heart, be awake and by taking my responsibilities take me to my destination in the truth path". By doing the prayer in this way, be in the concentration until one goes to sleep and immediately after getting up, he should concentrate and pray.
- 2. He should sleep at 10 pm or 9 pm at night and should get up at 4 am or 5 am in the morning.
- 3. While studying or going to any place or while starting any work, he should call his inner psychic and say 'you awake from my heart and control my mind, vital and physical body, purify my knowledge, give me wisdom, inspire me to work, with which I can do all the work with your help in a disciplined way. You enter into my mind, vital and knowledge and develop all of them'. At the end of your work, surrender the entire work to him.
- 4. Every moment, in every work, feel that my psychic is watching every work and controlling it. At any lonely place, if you do injustice or tell lie, nobody can see it but psychic sees it. In this way, student will keep himself away from the injustice work and will follow more and more in the truth path.
- 5. If at any time there comes a difficult problem and you can not solve it, then be calm and concentrate in your heart, wait, wait with patience. The solution will come. Once you get the solution, it will be easier in future. The solution-path of a difficult problem in your life will be opened.

#### **Questions and Answers**

Q. In the scientific world, you are talking about the psychic development; who will believe this? Can you show the soul?

A. Can you place your stomach pain and headache in front of us? Outer and Inner – two things are always there within man and within this world. There are different ways to see these two things. The inner things can not be seen by outer methods. If you do not need the psychic, then leave it. Then tell me what is the aim of life, why are you studying, what are you working?

Q. We will keep the family happy by nurturing them, in which we are born; we will try to fulfill the need of food and clothing of the society. Our duty is to establish peace and happiness by removing injustice and sufferings from the society. The society, country and race demand these from us.

A. What the family, country and religion demand from you; the have been always demanding these. Have their demands been fulfilled yet? Instead, whatever demands they have, those demands are going on increasing. You see those systems which has been a waste from old times till today; how do you believe inspite of seeing all those? It is said that person, country and race will be happy by psychic development. Its effect has not been seen. There are ways to believe in these as long as you do not fail after pursuing these behaviors. But the path of trust has already been closed in the wasted system. In which argument do you trust-disbelieve in the path full of possibilities or path without possibilities?

Q. You are saying from long time that the demands of family, society, country and race have not been fulfilled. Your words are not proper. People have been doing their duty whatever needed for their country, race and society, what mistakes are there that you are saying that the demands of family, society and country have not been fulfilled?

A. The happiness that the family, society, country and race demand, which is their only aim that has not been obtained so far. If he did not get his desired objects, his need was there as it was. Then what benefit it got from your duty?

Q. No gain! Men with the help of science transformed the earth into heaven for peace and happiness of human being and for development of the nation. He made all un-imaginary wonderful objects tangible and put it in front. He brought divinity by removing the animal behavior of man. You are saying here that man has not finished his duty! What has man not done with the help of science? Before there were bullock carts. Now there are motors, rails and airplanes. In place of postman carrying letters, there are telegraphs, radio, phone and television. There are machine works in place of hand and leg work. Even the power of science has mastered over planets, satellites and nature. In spite of giving all these at the service of mankind, you are saying what is the use in all these duties?

A. Science is a fantastic thing. Even if science has surrendered itself at the service or happiness of mankind, still man has not achieved his long desired aim 'happiness and peace'. In stead, with the discovery of marvelous things, it is felt that he is going away from his own aim 'happiness and peace'. Before there were no surgery like today, people were healthy, they were less sick, they could walk 10 kilometers at the age of 70/80 years. Nowadays, people need glasses and wagons from beginning of student life; the responsibility of life is entrusted upon machines and doctors. Apart from few people, many are dying at the age of 60/70. In one way by providing happiness to the people, science has deprived people their own freedom in the other way. It is not enough if we accept that science is not doing any harm but only provide happiness to mankind. Man has not achieved his desired happiness and peace till now with the help of science. This is self-evident.

Q. Science has made man so developed. Still you are saying that the aim of manhappiness and peace are not achieved till today. What is the form of this happiness and peace? How are you defining happiness and peace?

A. The image of happiness and peace is the absence of sorrow. Man does not want the happiness that is mixed with unhappiness and confusion. He wants pure, clear, unmixed, permanent happiness, peace and joyful life. In this world, both happiness and unhappiness are going together. In spite of presence of both, man

always wants happiness, he never wants unhappiness. It is unbearable for man by only hearing its name, he runs from distance seeing the unhappiness.

Man wants peace, happiness, joy, pleasure, encouragement, friendship, brotherhood. But he gets sorrow, becomes worried, unhappy, gloomy and discouraged. He makes enemies, jealousy and opposition. In life he gets only a small part of happiness and peace of which he dreamt. Even this partial happiness is destroyed by the bad qualities like sorrow and confusion and it brings disappointment in this life-hope. There is no person in this world, who does not suffer from sorrow, confusion and violence. People fight with each other, file cases and burn their heart in the flame of anger, by hearing defame and ill repute of his close relatives, he suffers and gets wound while thinking about it. He feels jealousy from the progress of enemies, suffers when someone blames him and feels happy when others get defamed. He feels mortal and painful sufferings by the behavior, evil conduct and waywardness of his lone loving son, which is against his own will. When his wife is hostile, home becomes poisonous.

In reality, man does not want all these unhappiness but all those come forcibly and destroy happiness and peace of man. The family, the village, the city, the society where man lives, either there or in working in a organization, doing business, in politics, that means wherever human relation is there, jealousy, hatred are created there and prevents happiness and peace of man. All these situations are called as unhappiness and the absence of all these situations are called happiness. Absence of unhappiness i.e. happiness is desired by man but till not it has not been achieved. The happiness without sorrow has been taken care by moral rules but all those attempts are failing. Because the ethics say: tell the truth, do not harm others, love each other etc. All these are higher objects. People also want this. But his inner jealousy, violence, want, anger, desire, attachment etc forcibly mobilize him in wicked act by breaking all outer rules. As a result, man gets pain, until all these robbers are not taken out from within; man can never get happiness and peace.

Q. The image of happiness and peace that you said, is it possible for man? Have anyone obtained this un-interrupted happiness and peace?

A. If it is not possible, then how can man want happiness? These desires prove that he will definitely achieve that one day. The happiness and peace lies in the soul. The uninterrupted happiness and peace can be obtained by psychic realization. Before many saints, sages, pious men and great men have achieved these, even today they are achieving, but these were limited. The people who achieved happiness and peace had sacrificed their social work. Therefore, happiness and peace could not come into the social life. There remained a distance between working life and psychic realization. Sri Aurobindo has removed this distance by bringing down the super-mind by his own meditation. Now, people does not need to sacrifice his social work, by surrendering every work to the psychic, he will achieve his psychic realization and all his work will be regulated by his soul. He can achieve uninterrupted happiness, peace and Ananda by staying in this society. This is the aim of human life. Man wants this clearly or unclearly.

Q. Man wants happiness, this is true. It has not been achieved so-far, this is also true. Therefore, it will be achieved by psychic realization. We have our doubts in it. If this had been true, the scientist would have surely searched for it and discovered it. In this scientific age, how can we search the soul for getting happiness based on the superstition?

A. Belief is never blind. The place of belief is in deep inside the heart, is self evident and above doubt. It does not need the help of partially discovered and short sighted logical knowledge. His belief is unmistakable and productive. In this knowledge oriented scientific world, people do not find the hearty belief and hence, feebly believe in the dubious logical knowledge and name it as superstition due to its failure. Truth is self evident; it does not need any proof. Similarly, soul is self truth, gets attracted towards beauty. The heart of logical minded people becomes dry. They remain almost ignorant about the heart feelings, when a heart overflows in joy by seeing a charming flower, a beautiful child, does it need any logical mind in it? In the same way, whose soul is developed, he believes in truth without the help of logical intelligence and realizes it. From all the other beings of man, the two most important beings are mind and soul. Mind moves upward, the soul's property is deep within. The height of mind, the depth of soul; if both these

paths are opened, then both the beings will be developed with the help of each other. With the development of both beings, man's life becomes complete, happy and peaceful. The ship in water has its most part inside the water and less part above water. If the size of the ship is calculated only by seeing the upper part, then it becomes partial, in the same way, it becomes incomplete if only the water immersed part of the ship is taken and the above part is ignored. The ship structure can be completely determined by knowing both the immersed part and visible part of the ship. Similarly, out of the depth of soul and height of mind, the saints took one part and the knowledge oriented man and scientist tool another part and developed them separately. Therefore, both became incomplete. Now the time has come for the development of both mind and soul. The completeness and usefulness of life lies there.

The knowledge oriented people with the help of science have taken mind from higher to highest summit and have discovered miraculous things. But the other part of man did not go to the deep inside the heart, did not search the soul and as a result they were unconscious about the soul; due to which man could not get his ever desired happiness and peace, even he could not know the image of all these. Do any knowledge oriented person or scientific people want sorrow and tension ever? Not ever. They want happiness and peace. This happiness, which is the aim of man, is unclear to them. If they would have thought is as their aim, in fact they must have tried for it. Those knowledge oriented person, who influence you so much that you are incapable of accepting anything as truth except what they say; although those people have fully developed mind still they have zero developed soul and they are ignorant about their own true need. Until all beings are fully developed in a man, till then however developed one part is, the other part remains under developed like a child. It has been said before that the mental, vital and physical are controlled by psychic. Out of these four beings, if one is under develops then man can never achieve completeness. Due to the lack of psychic development of scientists, up to now there could not be happiness and peace in their own life and also in the society by them, their knowledge is incomplete.

Q. Although all these answers are logical, still due to our habits and nature, the things which we do not see, we do not believe just by hearing it. How will we trust the psychic without seeing it?

A. It is not that people believe everything after seeing them. They read history, they believe in it. They never saw Russia, America, and Africa etc but still believe after reading and listening. The lawyer never sees the murder but he punishes the culprit after believing to what people say. If you believe in all these things without seeing them, then why psychic being will be false only because you have not seen it? Like it is not logical to say false by not going to Russia, America, Africa in the right path, like to know the truthfulness of a murder, not knowing and listening to the witness, police report and debate of the lawyer, saying that the murder is false in not logical; in the same way, without searching the psychic not knowing about it, not going in the right path to get the psychic and saying that psychic is false is also illogical. If you want medicine from a well known logical expert lawyer, who does not anything about disease; is it the right method? Will you believe what the lawyer says? Like this is irrelevant, in the same way asking the scientists with no psychic knowledge, the learned pundit with lots of material degree about the truth of psychic and believing their debates are also illogical.

If we want to know about the psychic, then we should follow the way directed by those who have achieved the soul. If we correctly follow this method and still do not find the soul, do not get happiness and peace then it could be logical to say something. Without knowing about the psychic, not trying anything and saying that the psychic is false in not at all logical.

There are so many things to be known in this world. It is not possible for a man to know everything by physical care and physical knowledge. Like a lawyer who does not know anything about medical education, in the same way, the commerce college students, lecturers, officers and politicians do not know anything about the psychic education and soul. If there are some adjectives attached before and after their names, then they can be masters of that particular subject, but if they say something about the psychic education without knowing it, then it is irrelevant and believing to what they say is more irrelevant. One who does not

know about a subject, he should remain silent than saying anything true or false about it. If they need to say, they should first know about that subject and then should tell about it.

Q. Somewhere it is said God, somewhere it is said Psychic. The God and Psychic are one or two?

A. The Psychic and God are theoretically one. The psychic is the divine essence inside the human being; it resides inside man and stays always during birth and death. By knowing the psychic we know the God and the secret of life. With this psychic realization man gets divine inspiration in his physical work. Logical limited knowledge is universal and self certain. The happiness and confusion in life are removed and changed into Ananda. The world turns into heaven. The life becomes completely full of happiness by development of psychic and mental intelligence. Only with these, psychic becomes the base of work, god becomes the driver of life. This is the aim of every individual. Man has to reach one day to his aim. Unconsciously, by the inspiration of nature and with lots of sorrow and difficulties, it takes lots of rebirth to reach there. Consciously, by surrendering every work to the psychic, man can reach to his aim in one life abstaining from sorrow and difficulty. For completeness in life, the way there is the need of work, in the same way, there is the need of psychic development. By the meeting of both, the life becomes full of joy and complete.

Q. If there is development of psychic in integral education, if man gets completeness in it, if the supramental force has descended to do this work, then this force will do its work. Why are you trying to explain to establish the subject?

A. There is no results only by explaining through debates if the evolutionary truth has not touched the soul. Actually the transformable truth does the work but the debated subjects can only help the mind to remove its doubts. It removes the cover between the psychic and truth like hitting the bridge with a spade, which is about to sink by the flood. The sinking bridge will certainly break but it might stay a while. But if is hit with the spade, then it breaks immediately.

In the present world, the supramental force is continuously working everywhere, how many people are conscious about this? On 29th march 1956, when supramental force has manifested in the physical material consciousness, at that time very few people could realize this. After mother announced it, a few more people could realize. If mother would not have said, then people who realized it would have taken more time to experience and they would not have been conscious about the super mind.

Q. If people become conscious after they are explained, then you are saying that supramental force is working everywhere, touching everybody's soul; then everybody should consciously take care for the psychic development. But is not happening like this?

A. No. that does not work like this. Because the psychic of man has not developed or awakened in the same ratio in which it has got the touch of supramental force. Everybody is not trying for that. Those having thick cover between their psychic and truth means those in whom the mental and vital have occupied the leadership and is managing the person, although their mind is developed, their soul has not developed and become dry. Therefore their psychic is getting less effect from the supramental force. They will take more time to accept the supramental force.

Those people whose psychic are more developed have felt the supramental force, they awake as soon as they help from external word. There is need of external word for these kind of people.

There are very few people who regularly accept the new truth. Those who accept first, become the pioneer of the new age.

Those people whose psychic has got more contact of the psychic force, they will surely accept the psychic truth. Due to this reason, it is necessary to spread message of Sri Aurobindo. The development of life in this; the life will be complete and full of Ananda with this; the world will be changed to heaven. Now this nectar moment is in front of us.

For the education to be integral, there should be five divisions of education according to five main faculties of human being. Physical, Vital, Mental, Psychic and Spiritual. - The Mother